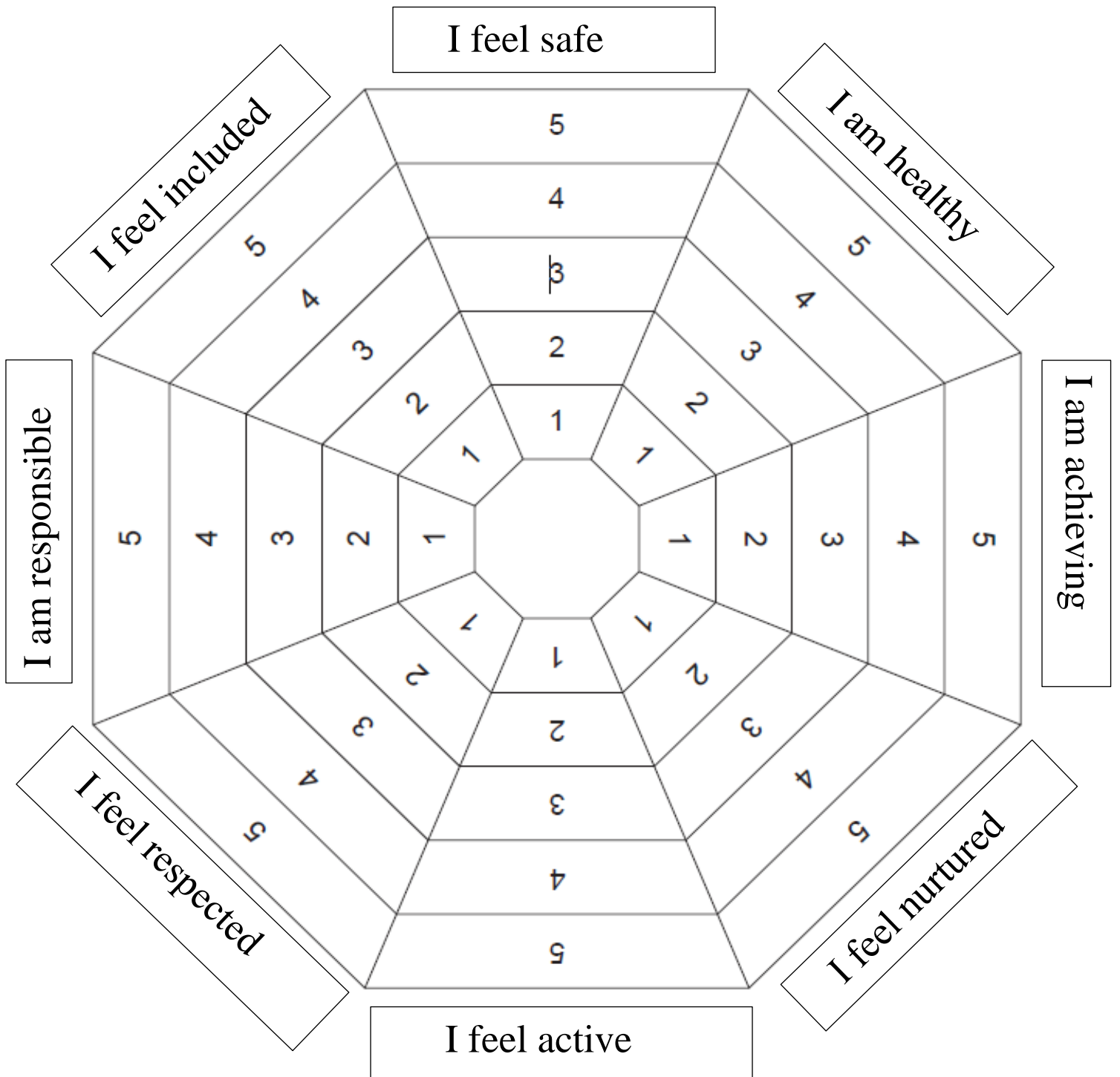
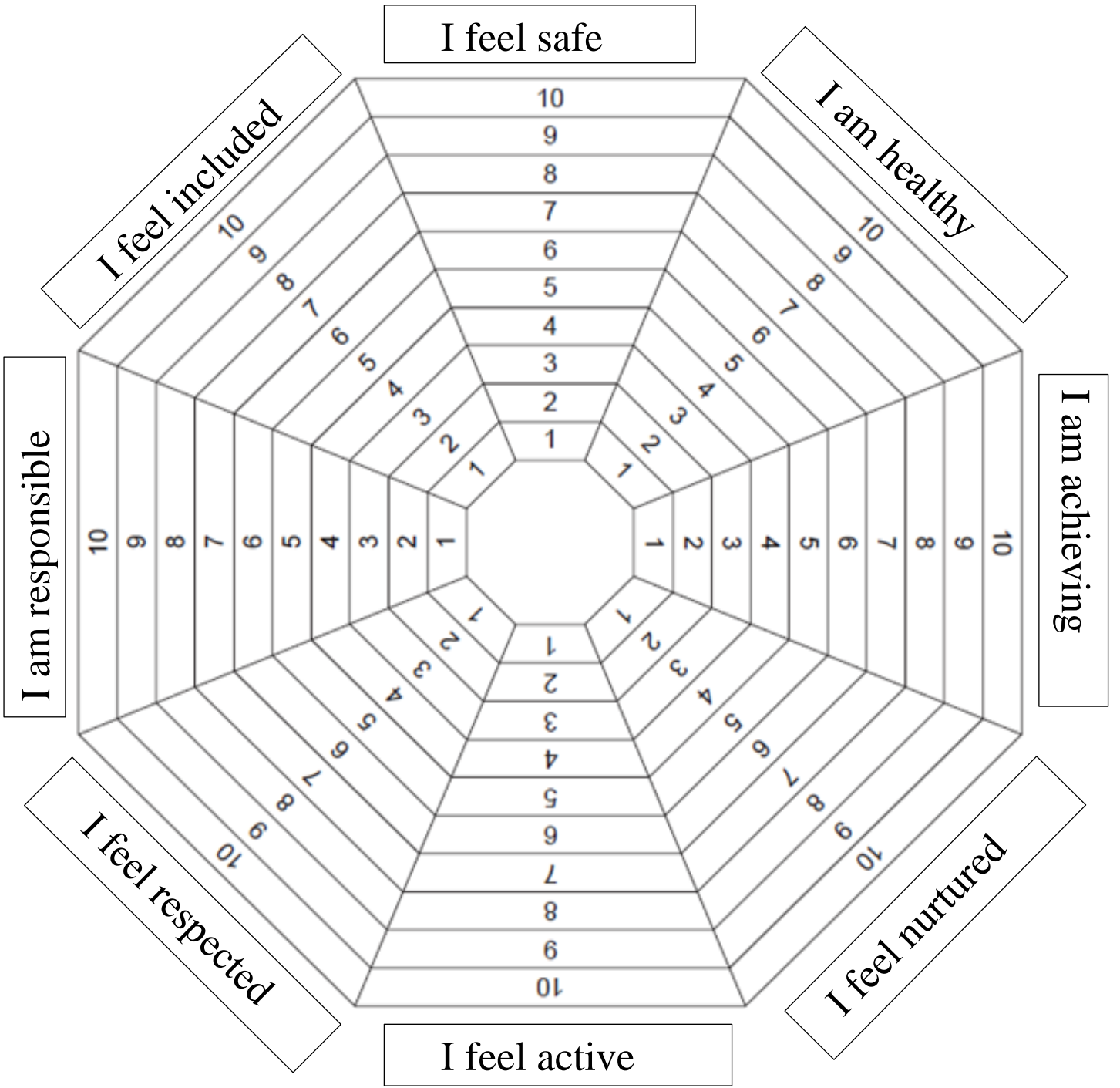
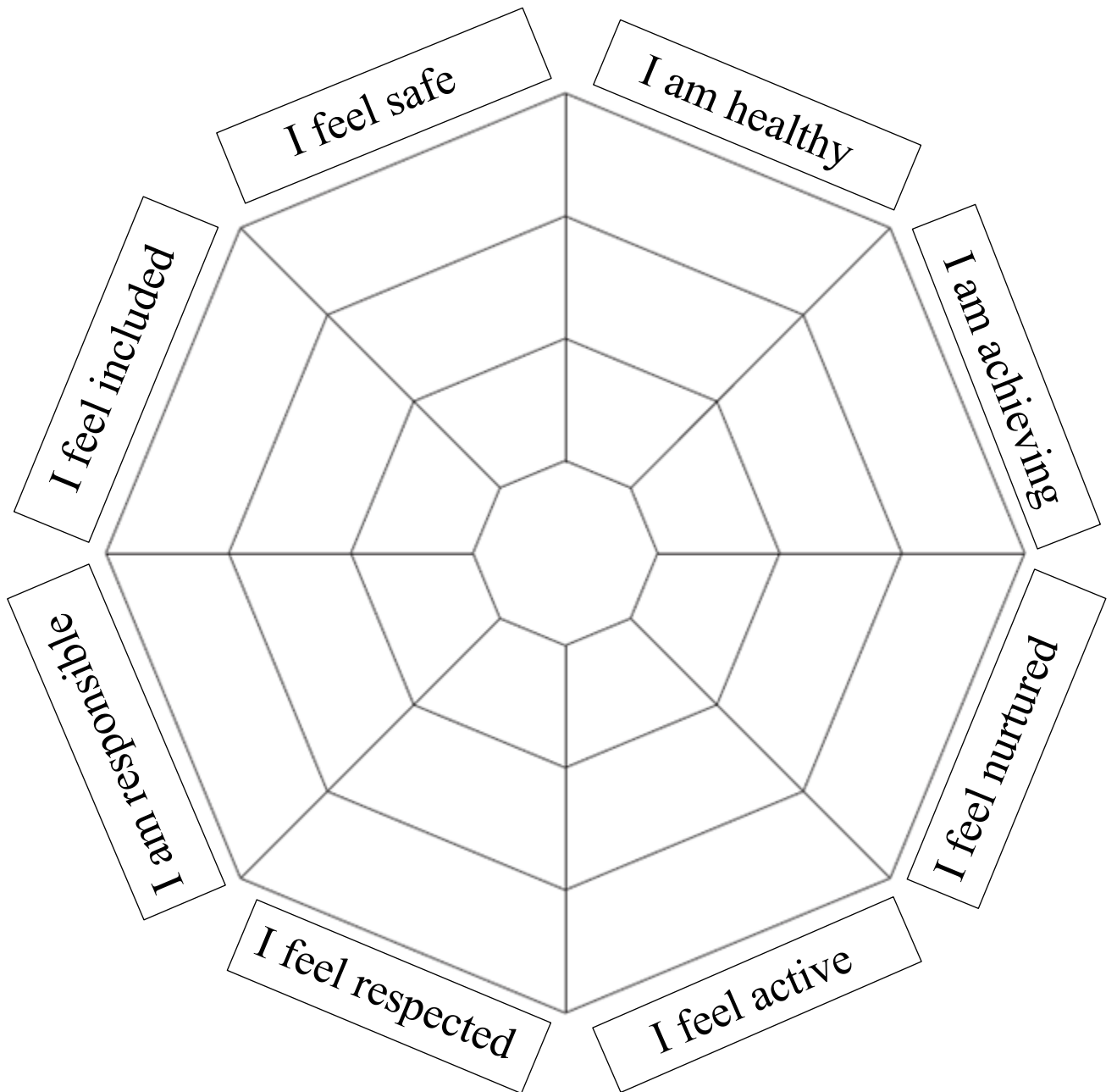


# WELLBEING WEBS







# Using the templates

## Reflection

The 3 templates support an age and stage appropriate choice. For example a young person may use the 1 through to 10 template to thoroughly reflect on the wellbeing impact of particular events and/or circumstances or to chart the progress they have been making. It can be used with children and young people in situations such as prior to a single plan review or at home with parents/carers or in 1-1 work with practitioners who are involved in supporting them.

Younger children and some older ones may find the 1 through to 5 template more accessible for reflection.

Very young children and some older ones may prefer to create a colour code or draw emoticons (smiley faces, frowns, tears etc) on the template.

## Curriculum for Excellence

### Embedding GIRFEC in the classroom.

Teachers will be able to find additional creative uses for the Wellbeing Web in both primary and secondary schools. Primary teachers reading, for example, James and the Giant Peach could use the simpler Wellbeing Web to identify issues for the main character. An enlarged copy of the web could be used to include examples from the book of where James doesn't feel safe or included etc ie quotes, page numbers, events etc.

Examples of using the Wellbeing Webs in the classroom would be gratefully received and will be included in the Website. Please go to the 'Contact Us' page to send your examples.