



These notes will support practitioners to deliver the short film exercise on Young Carers. Children and Young people should work in small groups. Think Young Carer, [the multi-agency toolkit](#) has resources required for the activities and can be accessed on [Aberdeen Getting it Right website](#).

Planning

Before delivering this lesson you will need to have printed/photocopied the exercise cards from Activity 6, Page 75 of the [Toolkit](#). One set required per group or use Activity 7 on Page 77 of the [Toolkit](#) for older children and young people. You will also need A3 paper and felt pens.

Introduction

Before starting video ask children and young people 'what do they think caring involves?'. In groups get them to look at the toolkit and do the cards exercise in Activity 6 of the toolkit and for older children get them to mind map or use the toolkit Activity 7.

- **Exercise 1**

03.50 minutes

How do you think Gary is feeling by the time he arrives at school? List / mind map adjectives in your group.

- **Exercise 2**

04.20 minutes

How do you think the people in Gary's class made him feel? What could they do differently? Group discussion which can be fed back to the wider class.

- **Exercise 3**

Based on this short film, in your group create a cartoon strip showing 24 hours in the life of Gary or another Young Carer to show what their average school day and weekend might look like?

Half of the class should create a cartoon strip for the weekend and the other a school day. Groups should prepare to present to the rest of the class.